

## **International and national guidelines and position papers recognizing the use of plant stanol ester for reducing LDL-cholesterol:**

### ***European Society of Cardiology & European Atherosclerosis Society, 2019***

Mach F, Baigent C, Catapano AL, et al. 2019 ESC/EAS Guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk. *Eur Heart J* 2019; doi:10.1093/eurheartj/ehz455.

### ***American Diabetes Association, 2019***

Standards of Medical Care in Diabetes – 2019. Cardiovascular Disease and Risk Management. *Diabetes Care* 2019; 42(Supp 1): S103-S123.

### ***Polish Cardiac Society Working Group, 2018***

Szymański FM, Barylski M, Cybulska B et al. Recommendation for the management of dyslipidemia in Poland — Third Declaration of Sopot. Interdisciplinary Expert Position Statement endorsed by the Polish Cardiac Society Working Group on Cardiovascular Pharmacotherapy. *Cardiology Journal* 2018; 25 (6): 655–665.

### ***American College of Cardiology, 2017***

2017 Focused Update of the 2016 ACC Expert Consensus Decision Pathway on the Role of Non-Statin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk: A Report of the American College of Cardiology Task Force on Expert Consensus Decision Pathways. *J Am Coll Cardiol* 2017; 70: 1785-1822.

### ***American Association of Clinical Endocrinologists and American College of Endocrinology, 2017***

Guidelines for management of dyslipidemia and prevention of cardiovascular disease. *Endocr Pract* 2017; 23 (Suppl 2): 1-87.

### ***The Finnish Medical Society Duodecim and the Finnish Cardiac Society, 2017***

Eteisvärinä. Käypä hoito -suositus. Suomalaisen Lääkäriseuran Duodecimin ja Suomen Kardiologisen Seuran asettama työryhmä. Helsinki: Suomalainen Lääkäriseura Duodecim, 2017. Saatavilla Internetissä: [www.käypähoito.fi](http://www.käypähoito.fi)

### ***The Sixth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice, 2016***

2016 European Guidelines on cardiovascular disease prevention in clinical practice. *Eur Heart J* 2016; 37(29): 2315-2381.

***Polish Cardiac Society, Polish Lipid Society and Family Medicine Association, 2016***

Banach M, Jankowski P, Józwiak J i wsp. Wytyczne PTL/KLRwP/PTK postępowania w zaburzeniach lipidowych dla lekarzy rodzinnych 2016. Lekarz POZ 4/2016.

***European Atherosclerosis Society, 2015***

Wiegman et al. Familial hypercholesterolaemia in children and adolescents: gaining decades of life by optimizing detection and treatment. Eur Heart J 2015; 36: 2425-2375.

***National Lipid Association, 2015***

Jacobson et al. National Lipid Association recommendations for patient-centered management of dyslipidemia: part 1 – full report. J Clin Lipidol 2015; 9(2); 129-169.

***Joint British Societies, 2014***

JBS 3 board: Joint British Societies' consensus recommendations for the prevention of cardiovascular disease (JBS3). Heart 2014; 100: ii1-ii67.

***European Atherosclerosis Society, 2014***

Gylling H et al. Plant sterols and plant stanols in the management of dyslipidaemia and prevention of cardiovascular disease. Atherosclerosis 2014; 232(2): 346-360.

***International Atherosclerosis Society, 2014***

Expert Dyslipidemia Panel. An International Atherosclerosis Society Position Paper: Global Recommendations for the Management of Dyslipidemia – full report. J Clin Lipidol 2014; 8: 29-60.

***European Atherosclerosis Society, 2013***

Nordestgaard BG et al. Familial hypercholesterolaemia is underdiagnosed and undertreated in the general population: guidance for clinicians to prevent coronary heart disease. Consensus statement of the European Atherosclerosis Society. Eur Heart J 2013; 34: 3478-3490.

***National Heart, Lung, and Blood Institute, 2011***

Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents: Summary Report. Pediatrics 2011; 128 (Suppl 6): S1-S44.

***Joint WHO/FAO Expert Consultation, 2003***

Report of a Joint WHO/FAO Expert Consultation. Diet, nutrition and the prevention of chronic diseases. WHO Technical Report Series 2003; 916: 1-149.